THE RESIDENTIAL REVIEW

Second Quarter 2015

The magazine for La Trobe students living on campus.

SOCCER FEVER HITS ALBURY-WODONGA

LA TROBE UNIVERSITY

IN THIS ISSUE

Global Programs · Pathways to Student Leadership · White Night · Pearls of Wisdom · Bendigo Toga Party · Albury-Wodonga RA Training

Welcome

MESSAGE FROM THE SENIOR MANAGER

Dear Ressies,
I hope that life finds you well, wherever and via whatever medium this edition of *Residential Review* reaches you.

> "This year I encourage you all to try something new, something bold, something 'against type'."

Accommodation Services has been a hive of activity of late; some days on Bundoora Campus there seems to be more fluoro-clad tradesmen than students. I thank our Menzies residents for their patience as their courtyard has been transformed with landscaping and some much needed external painting. You will be happy to note that following the test painting on the towers late last year, we took everyone's advice and went with the dark grey colour scheme, not the alternate colour scheme on Menzies South that some wags had 'fifty shades of grey'. Painting on Glenn will be underway by the time you are reading this, with Chisholm shortly thereafter. We are also working on a great new addition to the McFarlane's Hill precinct in Albury-Wodonga, just in time for summer.

The sporting calendar has been busy with some hotly contested inter-campus and inter-colleges events. I've seen some great video footage highlighting the passion and competition of these matches.

One of the video highlights I saw this week was from Bendigo's 'Ressies Got Talent' night. While I enjoyed many of the contemporary performances, I felt I was back at the Edinburgh Tattoo when I saw Eck-Jin Tan take both the stage and the Social Club award with his rousing bagpipe solo. Eck-Jin you had my vote.

This year I encourage you all to try something new, something bold, something 'against type'. It could be involvement with one of La Trobe's many clubs and societies or by taking part in one of our Outward Bound sessions trying outrigging, abseiling or white water rafting.

But if caving or rock climbing are not your thing, then we are offering more cultured events such as photography sessions in Bundoora or attending a play at the Hothouse Theatre in Albury-Wodonga or the newly repurposed Ulumbarra Theatre in Bendigo.

Finally, I wanted to give a brief plug for our upcoming Careers Week at our Bundoora Campus. I am passionate about ensuring that our hard-working residents go on to prosperous careers once they leave La Trobe University. Last year a government funded project revealed graduate employability to be at the lowest point in 20 years. As someone, who has sat in interviews *on rare occasions* thinking to myself, 'this is an hour of my life I won't be getting back', it is vital that La Trobe graduates venture into the world armed with the knowledge, confidence and attitude to get their résumé in front of decision makers, impress at interview and get the job. Over three nights in early August, we are running sessions involving industry professionals that will give you tangible first hand advice and training and a competitive advantage in this process. Numbers for this event will be a very limited so I look forward to seeing many of you there.

All the best for those of you busy with your first semester exams, and as always my team and I are here to help you excel in your studies and beyond.

Adam Campbell
Senior Manager, on behalf of the management and staffing team within Accommodation Services.
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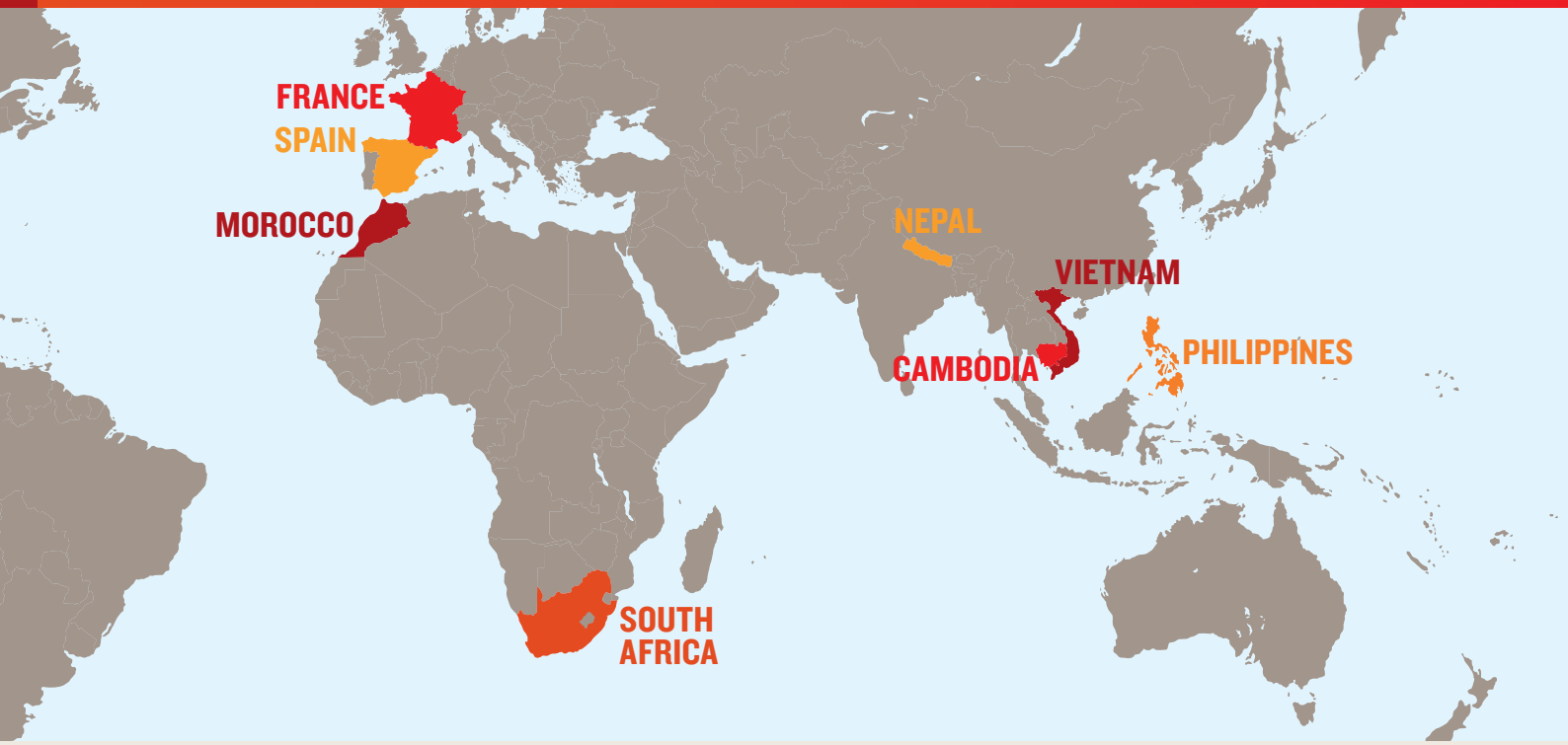
GLOBAL PROGRAMS



The countdown is now on for those residents who have applied and been successfully offered a place on one of our Global Programs this year.

In just over six months our residents will be volunteering their time in Phnom Penh and Siem Reap, Cambodia, or teaching English in Vietnam, assisting park rangers in South Africa or studying in Spain over the summer break.

This is also a great time to remind all residents that **it's not too late to apply!** All residents are encouraged to explore program information online (See Global Programs in the Accommodation Services App) and apply for a program of their choice before the June deadline.

Apply now at **cisaustralia.wufoo.com/forms/global-programs-application-la-trobe**

Laura Burge
Residential Education Manager
E L.Burge@latrobe.edu.au

IT'S NOT TOO LATE TO APPLY!

All residents are encouraged to explore program information online and apply before the June deadline.

cisaustralia.wufoo.com/forms/global-programs-application-la-trobe

AS OF MAY, THE FOLLOWING STUDENTS WILL BE JET-SETTING OVERSEAS THIS YEAR:

Cambodia: Teaching, Childcare and Community Development
Shelby Leech, Rebecca Kreltszheim, Georgia Small, Leonie Flood, Kimberly Shaw, Meg Taylor, Amy Hallyburton and Madeleine Hiscock.

Barcelona Study Program
Porshian Naidoo and Caitlin Lennon.

France, Spain and Morocco Study Program
Georgia Freer

Nepal: Rural Community Development
This program is still due to take place, but students will be kept informed of any changes as a result of the recent natural disaster
Erin Fahey, Morgan Gibson, J-Mara McDonald, Alexandra Mangion, Hannah Roberts, Jarryd Biffin, and Sarah Johnson.

Philippines: Community Development in Tacloban City
Kirra Smith

South Africa: Big 5 Wildlife Project in Port Elizabeth
Ebony Warren, Chelsea Adams, Abbey Fairley, Lauren Bowler, Nathan Jackson, Morgan Pecar and Beatrice Tanner.

Vietnam: English Teaching and Childcare
Kersti Skinner

GLOBAL PROGRAMS SNAPSHOT

Cambodia

A snapshot of Cambodia and Vietnam

Nepal

Vietnam

Vietnam

Nepal

Volunteering in Tanna, Vanuatu

INTERESTED IN TRAVELLING ON ONE OF THESE PROGRAMS IN 2015?

Contact Laura Burge
for more information.

Laura Burge
Residential Education Manager
E L.Burge@latrobe.edu.au

PATHWAYS TO STUDENT LEADERSHIP

Student Leaders within Accommodation Services play a crucial role in developing healthy, happy communities for all residents.

Positions for 2016 will shortly be advertised, but there are also plenty of other ways you can get involved in your residential community.

We encourage all residents to check out this simple 'pathways to leadership' guide on how you can get involved and what you need to do to have the best chances of securing a leadership role now and into the future.

BUNDOORA CAMPUS

Pathways to Leadership Guide – Bundoora

BUNDOORA – CLICK HERE

BENDIGO CAMPUS

Pathways to Leadership Guide – Bendigo

BENDIGO – CLICK HERE

More information about student leadership in 2016 will be made available to all residents at forthcoming information nights on **Tuesday 4 August @ Bendigo** and **Thursday 6 August @ 5 pm @ Bundoora**.

BUNDOORA CAMPUS NEWS

Baskets of joy!

HEALTH AND WELLBEING

It's great to see so many residents getting around our health and wellbeing program!

Whether rocking up to the Agora for our LTU Pride Pancake BBQ, taking a self-defence class with Melbourne Defence Academy, or joining in a laughter yoga session, there have been heaps of new and exciting opportunities for residents to get involved this semester!

A massive thanks to Ashlee Perry and Jackson Wilson, RA Student Coordinators at Chisholm and Glenn respectively, for their work in creating a gorgeous banner for Pride. Accommodation Services says NO! to homophobia, transphobia, and queerphobia!

Our fantastic Residential Assistants, Community Coordinators, and Wellness Programming Assistants have been a driving force, planning 70+ small-scale events across the residences in April and May. Activities to date have explored managing emotions; the impacts of alcohol on judgment, coordination, and reasoning; cooking on a budget; demonstrating respect for others; establishing positive community standards; preparing to move off campus; responding to health and safety issues; and many more.

Our weekly health and wellbeing newsletter, *The Dunny Despatch,* has published 14 editions this semester, covering topics such as mental health, healthy relationships, safer sex, setting boundaries, drugs and alcohol, study tips, exam prep, accessing financial support, getting a good night's sleep, and creating balance.

Our virtual health and wellbeing resource centre – **accessible through our LiveLTU app** – has added even more content, with new resources being introduced every few days. Fun fact: the team at Guidebook (who powers our app) report that our health and wellbeing section is the best they've seen anywhere in the world! If you have accessed it yet, be sure to check it out today.

Glenn Pilates

On 21 May, we look forward to a visit from the Red Aware Peer Educators, who will be delivering a workshop on safer sex, STIs, and healthy relationships. As we roll on into SWOT-Vac, residents are invited to drop into Accommodation Services to pick up a FREE voucher for delicious study treats from Fuel in the Agora; it's first come, first served, so get in quick!

Make sure you rest up over mid-year break, because second semester is set to start with a bang! On Tuesday, 28 July, we'll be sending 1000 students to Latitude Bounce-Climb-Fly for a night of fun and adventure – you don't want to miss it!

Good luck with exams, and have a safe and healthy break.

Ali Norton
Residential Education Coordinator: Health and Wellbeing
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HEALTH AND WELLBEING ON OUR APP...

The team at Guidebook (who powers our app) report that our health and wellbeing section is the best they've seen anywhere in the world! If you have accessed it yet, be sure to check it out today.

BUNDOORA CAMPUS NEWS

SOCIAL ENGAGEMENT HIGHLIGHTS

Thursday Night Live has been a huge hit in Semester 1 with students participating in everything from multicultural nights, wildlife sanctuary tours, box fit, and a photography skills class.

Our **Outbound program** has also seen our residents participate in white water rafting and caving.

City v Country Inter-campus Sports was very popular, with Bundoora emerging as outright champions. See the You Tube footage at **City vs Country: Accommodation Services Intercampus Sport**.

Our **Inter-college Sporting program** has also been hotly contested with a variety of sports over the past few weeks including tennis, soccer, and AFL with Chisholm winning the former and Menzies taking out both the latter sports. Sports Reps across the board have done a fantastic job in organising and coordinating events throughout the semester. Our thanks go to Georgia Millen, Zoe Sharman, Jordan Gannaway, Tayla Morgan, Harrison Baker, Brad Fendyk, Hayden Mitchell, Tanika James and Georgia Freer.

All of the colleges have been doing their bit to help our global communities. Menzies raised $2500 for Vanuatu and Chisholm raising $490 for Nepal.

Other events at each of the residences have included:

CHISHOLM

- Casino Night (16 April)
- Trivia (5 May)
- Op Shop Ball (21 May)

GLENN

- White Night (16 April)
- Reverse Raffle (30 April)
- Glenn Annual Ball (14 May)

MENZIES

- ABC Fashion (23 April)
- Menzies Annual Ball (12 May)
- Winter Glow Land (21 May)

FEEL FREE TO GET IN TOUCH!

Sam Fualau
Residential Education Coordinator: Social Engagement
E S.Fualau@latrobe.edu.au

UPCOMING EVENTS

Upcoming events for the remainder of semester and looking ahead to semester two include:

International Festival of Language and Culture

Sunday 7 June, 7.00 – 9.30 pm
Free event at the Melbourne Convention and Exhibition Centre.

For more information **iflc.org.au**

Day Ski Trip

Sunday 30 August
Only 25 spaces available!

For more information and to register go to **trybooking.com/HIBY**

Chisholm Ball

Thursday 10 September
Registrations close 27 August, 11.00 am

Register on **trybooking.com/GTNY**

White Water Rafting

Sunday 20 September
Cost $70 includes a full day of activities, return transportation and lunch.

For more information and to register go to **trybooking.com/GWYM**

Offsite Ball

Thursday 22 October
Regal Ballroom
Registrations close 5 October, 11.00 am

Register on **trybooking.com/GWXE**

Rock Climbing and Abseiling

Sunday 25 October
Registrations now open until 10.00 am 13 May

Cost of $70 includes a full day of activities, return transportation and lunch. Buffet Lunch and Transport included.

For more information and to register go to **trybooking.com/GWYQ**

BUNDOORA CAMPUS NEWS

#accomltu #ilovenerds

#livingatltu #mentorsrule

#nerdsandgeeks

BUNDOORA CAMPUS NEWS

Outbound Events – Outrigging

Outrigging in Altona

Intercampus Football – go girls!

Glow Party

Intercampus Netball

Intercampus Football – the lads

Glow Party

BUNDOORA CAMPUS NEWS

RESIDENTIAL ADVISORY COMMITTEE

Residential Advisory Committee (RAC) is currently in its second year of operation within Accommodation Services.

We were overwhelmed with the response by our residents when we received eighty applications for twelve general member positions on the RAC. The RAC recently held its first introductory meeting where residents learned how the RAC operates and what great responsibility each member holds in representing their residential colleges.

We quickly followed up with our first official meeting on 28 April with robust discussion around many varied topics, some which included:

- Student Safety and security
- Car parking
- Social Events
- Maintenance
- Glider Bus service

We encourage all residents to speak with their college RAC representative to make sure any items for discussion are placed on the agenda for our next meeting on 26 May.

The function of the Residential Advisory Committee is to:

- Ensure regular communication between the Residential Services staffing team, student leadership group and wider student body.
- Consult with, advise and make recommendations to the Residential Services staffing team
- Provide a forum for discussion of developments that support the overall student experience in the residences.
- Provide advice to inform strategies in response to issues of student satisfaction and services, including those identified in feedback from students and issues influencing student wellbeing in the residences.
- Act as a reference group for residential initiatives affecting the student experience.

The Residential Advisory Committee meets four times per year with additional out of session meetings permitted at the discretion of the Chair. Minutes are taken for each meeting with future meetings planned 4 August and 8 September.

The members of the Residential Advisory Committee form an integral part of the community standards portfolio and as such are required to attend three non-agenda meetings with the Residential Education Coordinator for Community Standards. These meetings are to discuss 'hot topics', proactive programs and measures that can be instituted within all colleges to help promote healthy and safe community living practices and ensure adherence to rules of residence. Future meetings will held 25 August and 15 September.

In Semester 2 the RAC will be hosting an open forum night which will give all residents an opportunity to attend and discuss matters relating to residential living. Further to this we will be investigating the implementation of a peer review group and discussing safety on residence.

In 2015, RAC continues to be a great conduit between residents and staff ensuring that we continue to strive for improvement so that the residential experience for all is one to remember now and well into the future.

Brendan McCarthy
Residential Education Coordinator: Community Standards
E Brendan.McCarthy@latrobe.edu.au

Menzies raised **$2500** FOR VANUATU

Chisholm raised **$490** FOR NEPAL

April & May **70+** EVENTS PLANNED

This semester **14** DUNNY DESPATCHES!

BUNDOORA CAMPUS NEWS

Pearls of Wisdom from Bronwen Young

ACADEMIC EXCELLENCE

Our Academic Programs have continued to go from strength to strength in this half of semester 1.

We have had a great attendance rate to our first year mentoring sessions, a huge turn out to our Pearls of Wisdom: Pathways to Success event, as well as an amazing SWOT-Vac week for all of our residents here at the Bundoora Campus.

PEARLS OF WISDOM: PATHWAYS TO SUCCESS

On Thursday 7 May, Pearls of Wisdom: Pathways to Success took place. We had a great turnout, with over 150 residents and four inspiring guest speakers:

- **Bronwen Young,** Director of Service Businesses, La Trobe University
- **Jac Torres-Gomez,** Schools Partnerships Program, La Trobe University
- **Victoria Mita,** International Programs Representative for CIS Australia
- **Courtney Ennis,** a researcher at the Australian Synchrotron

The night was overall very successful and many of our residents used the opportunity to mingle and create networking opportunities with our distinguished speakers.

Whilst all speakers had diverse experiences, key points raised by all included:

- **Being polite** can get you a long way
- **Know your strengths and weaknesses,** where you can improve on these, and who might be able to help you do this; such as colleagues, family, friends, acquaintances, or by having a mentor
- **Say 'yes'** to opportunities, and put yourself out there in order to receive these opportunities
- **Take 'no' graciously,** as this may open up other doors for you
- **Reaching out for help** to get yourself to the next level, and **remembering the people** that have helped you achieve where you are today.

Chelsea Murray
Residential Education Coordinator: Academic Excellence
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Bronwen with some 'fans'

BUNDOORA SWOT-VAC SCHEDULE

Monday 1 June	11 am	Pancake Brunch @ Accommodation Services, cooked by the Academic Mentors
	Free Fuel Juice and gym vouchers from office	
Tuesday 2 June	8 am	Yoga class @ La Trobe Sports Centre (20 free passes available from Monday night)
	8 pm	Coffee, tea, Milo, donuts @ Glenn Common Room
	9 pm	Coffee, tea, Milo, donuts @ Menzies Global Lounge
	9 pm	Coffee, tea, Milo, donuts @ Chisholm Common Room
	Free Fuel Juice vouchers from office	
Wednesday 3 June	1 pm – 3 pm	Petting Zoo @ Menzies Courtyard
	1 pm – 3 pm	Australia's Biggest Morning Tea @ Menzies Global Lounge (gold coin donation for food)
	7 pm	Lolly runs on floor by Mentors at Chisholm, Glenn and Menzies
	Free Fuel Juice and gym vouchers from office	
Thursday 4 June	8 am	Yoga class @ La Trobe Sports Centre (20 free passes available from Wednesday night)
	6.30 pm	Pizzas @ floors Menzies
	6.30 pm	Pizzas @ Chisholm Common Room
	7.30 pm	Pizza @ GH Rec Room
	7.30 pm	Nandos @ UL Rec Room
	8 pm	Pizza @ Glenn Common Room
	Free Fuel Juice vouchers from office	

BE POLITE

KNOW YOUR STRENGTHS

REACH OUT FOR HELP

TAKE 'NO' GRACIOUSLY

SAY 'YES'

REMEMBER PEOPLE

BUNDOORA CAMPUS NEWS

Victoria Mita

Pearls of Wisdom

Jac Torres-Gomez

Pearls of Wisdom

Courtney Ennis

BENDIGO CAMPUS NEWS

Nancy Long Dining Hall

Student leadership is an integral part of student success and 'life on res' offers many opportunities for students to grow as campus and community leaders.

Those who are selected for the highly esteemed role of Student Leader within our residential community are participating in what is arguably the most beneficial extracurricular activity a person can perform while at University because the experience gained from their leadership role will be valuable for a lifetime.

This year we have an accomplished, passionate, motivated and diverse group of student leaders at Bendigo who have already had many hands on experiences that have required them to plan, make decisions, communicate, work as a team and make a positive difference on campus. They have also gained important life skills such as introspection, cultural sensitivity, moral acuity, people skills, and decision-making acumen. As a result, our community has benefited in many ways.

Our student leaders are also proud and ardent custodians of our culture at Bendigo. On a weekly basis they share with us the names of fellow residents who have lived and acted in a manner which exemplifies our ethos at Accommodation Services and displayed respect, inclusivity, collegiality personal responsibility and /or contributed to the creation of a community where people feel valued supported and safe.

This acknowledgement of the positive contribution of others demonstrates that we have many 'unofficial' leaders in our midst, residents who have shown the capacity to guide, influence and model positive behaviours that include:

- working with residents to create a Relay for Life team
- raising awareness of and encouraging involvement in 'Live below the line'
- showing acceptance, understanding and tolerance for those who are different
- organising a sporting team to increase participation of others
- contributing positively, providing feedback and encouraging input from others at meetings
- putting their differences aside and working together to make their home a harmonious one
- organising a friendly game of cards and modelling alternate forms of entertainment to going to a night club
- helping others carry things/ move residence without even being asked
- cooking a 'family roast' and sharing it with housemates
- cleaning up mess made by others

To all of our leaders – the Accommodation Team and I thank you.

Meg Driscoll
Team Leader, Bendigo
E Meg.Driscoll@latrobe.edu.au

Five Pirates at Hillside Toga Party

Firefighters at Toga Party

BENDIGO CAMPUS NEWS

HA Egg Challenge

ACADEMIC EXCELLENCE

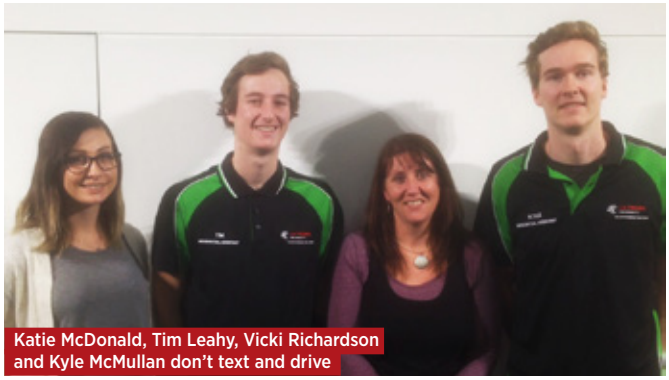
Bendigo Academic Mentors have completed their six consecutive Wednesday night Study Focus Groups.

They are now in the midst of planning Semester 1 SWOT-Vac activities and events, mentoring sessions for Semester 2 and assisting RAs and the Social Club in all remaining events.

The textbook borrowing scheme has also been a great success this year, with over 95 textbooks out on loan to our residents.

BENDIGO SWOT-VAC SCHEDULE

Monday 1 June	7 – 9 pm	Open Mic Night in the Common room
Tuesday 2 June	9 am	Pancake Breakfast with Red Frogs in Nancy Long Dining Hall
Wednesday 3 June	TBC	Petting Zoo in the Common Room, Jumping Castle in HA2 carpark, BBQ lunch



Katie McDonald, Tim Leahy, Vicki Richardson and Kyle McMullan don't text and drive

HEALTH AND WELLBEING

During this period RA's have conducted the following activities:

WELLNESS WHEEL ACTIVITIES

- **Villas Choose Your Own Adventure:** Arts and Culture which involved all residents contributing to group painting and BBQ
- **Orde House Choose Your Own Adventure:** Arts and Culture with a painting reflecting the diverse multicultural membership of Orde followed by dinner
- Two RA's from Terraces and Hillside combined for a **Choose Your Own Adventure** which was a **Trivia Night** held in the Nancy Long Dining Hall
- **Personal Responsibility Wellness Wheel**: Don't Text and Drive presented by a mother whose daughter died in a car accident whilst driving and texting
- **Financial Fitness Wellness Wheel:** presented by St Lukes' who are the Bendigo region body that provide financial advice to young people

OVERALL WELLBEING EVENTS

- **T-Races** is the Terraces version of the Amazing Race through Bendigo
- **Villas bowling** with dinner afterwards
- **HA Egg Challenge** this year took the form of an Easter Egg Hunt. The Easter Bunny was definitely bringing a new attitude to the Egg Hunt
- Units' held their annual **Trivia Night** on the Student Union floor
- **Community Cooking** classes were held by Bendigo Community Health Service and were conducted over three Wednesday nights. The classes were free and each night involved learning three mains and a dessert. Food was designed to be not only nutritious but economical

Greg Loughnan
Residential Education Coordinator: Wellbeing and Academic Excellence
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BENDIGO CAMPUS NEWS

COMMUNITY STANDARDS

We're very proud of the standards of our community in Bendigo during Semester One thus far.

April has seen some very positive results, with a dramatic reduction in lockouts compared to our March statistics. This can be attributed to two factors; firstly, a lock out poster campaign, reminding students to carry their swipe access cards and wristbands on them, and secondly, the students have lived with us for longer and are used to 'swiping in' to their rooms.

Our second big campaign for Semester One has been the 'Groovin the Who' campaign. Popular music festival Groovin the Moo is held in Bendigo each year, with not just our residents, but their friends/siblings from 'home' attending the festival. This of course increases the number of guests we host for the weekend. Our residents are encouraged to follow the Rules of Residence and register their guests for the weekend, or face a community fine. After the success of last year's 'Buy a Cow' campaign if students didn't register a guest, our Student Leaders this year suggested that students who hosted an unregistered guest should donate to Oxfam and 'buy' Farmer Education for young people in third world communities. We are pleased to report that we had no occurrences of unregistered guests, and all our students had a fun and safe time.

Our focus for the remainder of the semester will be on positive study environments, with our SWOT-Vac and exams period approaching. Students will be encouraged to discuss their study environments with their housemates to ensure everyone has the chance to study in a quiet, stress-free environment.

SOCIAL ENGAGEMENT

Semester one has seen four popular and well attended social events provided for our Bendigo students.

Our annual Toga Party wins hands down for the most creative costumes, with very few plain white Toga's to be seen. Similarly, the 'When You Grow Up' party highlighted some already achieved, and some VERY fanciful career choices amongst our residents!

We've also delved into the cultural and creative, with critically acclaimed Australian comedians Claire Hooper and Tom Ballard leaving our students rolling in the aisles with laughter. We also hosted our second annual Ressies Got Talent, highlighting the diverse talents of our residents.

A big thanks goes out to our Social team for providing these fantastic events in Semester One. We look forward to a MASSIVE Semester Two, featuring our Residential Ball.

FEEL FREE TO GET IN TOUCH!

Rachel Carr
Residential Education Coordinator:
Community Engagement and Standards
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Ressies Got Talent
190
STUDENTS ATTENDED

Ressies Got Talent
15
outstanding performances

Comedy Night
220
STUDENTS ATTENDED

April had only
16
LOCK OUTS

ALBURY-WODONGA CAMPUS NEWS

Residents at McFarlane's Hill Residence and East End Residence have had a whirlwind first semester, getting involved in all kinds of activities and events.

COMMUNITY GARDEN CLUB

Well done Adele from McFarlane's Hill Residence for making a difference in the community garden on-campus, promoting health and sustainable living practises. What's in season, when to plant/harvest, and how to grow good organic food? Ask Adele!

MONTHLY BIRTHDAY GATHERINGS/DINNERS

The Quad at East End Residence has become the hang out area for monthly residential gatherings, with celebrations of birthdays and important dates, with food catering from Rosie Miller (East End Residential Coordinator).

TEAM BUILDING DINNER AND EASTER BREAK-UP

McFarlane's Hill Residence dined at 'Eddies Tavern', with 'How Well Do You Really Know Your Housemates Activity', prior to Easter Break. The Easter Egg Bunny on-campus gave students a kick start to their vacation, in readiness for more sugar!

THEATRE NIGHT

Residents joined other students at the 'Hot House Theatre Company' in Wodonga for this very different production, with vivid poetic language, 'This is Where We Live' performance. Trying something new; 'Life begins at the end or your comfort zone'!

MASQUERADE BALL

Held at Wodonga Student Association and supported by student committee members, students enjoyed a night out in the Hanger dressed in masquerade.

SOCCER COMPETITION

Well done to the residential soccer team who took on other students, demonstrating their competitive edge on the soccer field, a fun BUT competitive game of soccer.

LOOKING AHEAD

Residential Formal Evening (28 May)

Three course dinner at 'The Valley's Restaurant' at Wodonga TAFE (Student Facilitated Restaurant), see the year that 'has been', with photography and video footage of students' progress and events so far. A fun night coming up!

Ski Trip: Falls Creek Day Trip

Residents are currently gathering ideas for fund raising to assist fund their trip. Baking session and more – coming up!

Exam Preparation and Stress Prevention Workshop

Learn how to be effective in studying for exams, understand assessment tools and questioning techniques, and how to respond effectively for high impact. Always room for improvement, it's up to you to decide how effective you want to be, in studies and life!

> "As long as you're going to be thinking anyway, think BIG."
> **Donald Trump**

Career and Job Ready Skills Workshop

Residents develop job search skills through mock-interviews; and learn how to prepare top quality job application letters and résumés, and canvass for their dream job!

> "Move out of your comfort zone. You can only grow if you are willing to feel awkward and uncomfortable when you try something new."
> **Brian Tracey**

Try something new this Semester and get involved in programs and activities offered while living on res.

Melissa McFarlane
Campus Accommodation Coordinator
McFarlane's Hill Residence

ALBURY-WODONGA CAMPUS NEWS

RA Training

RAs take time out

Masquerade Ball

More masqueraders

IN THE NEXT EDITION OF THE RESIDENTIAL REVIEW

Student leadership opportunities, Open Day, Bendigo Spelling Bee, Inter-Campus Sports.

ASSISTANCE

Please save the relevant numbers in your mobile phone.

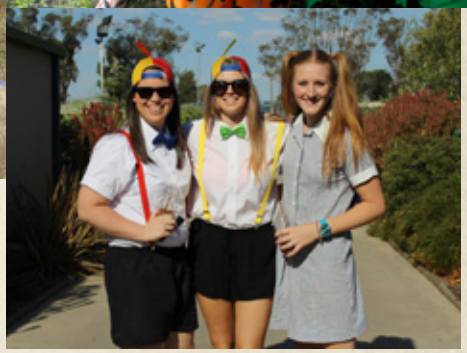
LOCKED OUT OR IN NEED OF ASSISTANCE?

Bundoora Campus

Visit the Accommodation Services Office or call **9479 1071**
Or call the Night Manager **0459 401 055**

Bendigo Campus

Visit the Accommodation Services Office or call **5444 7425**
Or call the Night Manager **1800 077 043** or **0457 824 993**



STAY CONNECTED IN 2015

ACCOMMODATION SERVICES APP

Download the Accommodation Services App for smart phone, tablet or desktop. Search 'Accommodation Services' in the App store. The App is called **Live@LTU**.

Once you have downloaded the App (a red icon with the LTU logo) select 'Get your first guide' and choose 'Live @ La Trobe 2015'.

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